Welcome to St. Andrew

We are grateful that you are participating with us in our ministry of God’s grace through Jesus Christ for the sake of our community and world. We strive to make the gospel relevant to the lives of all who participate in what we do. We hope that this handbook is helpful to you in finding a place in the ministry of St. Andrew Lutheran Church. Welcome!

Living Out Our Faith In Daily Life

Worship Services
St. Andrew offers a variety of services to meet the needs of our members.

Sunday Morning Worship
9:00 AM ................. Traditional
10:30 AM ........ Spirited Traditional

Become a Member
Our membership process meets you wherever you are on your faith journey, connects you with the community of St. Andrew Lutheran, and helps you find ways to be sent into the world to serve God and others.

Plan on attending an upcoming New Member Orientation to:
• Meet with pastors, staff, and other potential new members
• Learn more about exciting opportunities to connect, grow, and give at St. Andrew
• Learn what being Lutheran is all about

If you have any questions visit standrewlu.org for more information

St. Andrew Lutheran Church is a member of the Evangelical Lutheran Church of America (ELCA) and the Minneapolis Area Synod of the ELCA.
The Bible (in a nutshell) with Pastor Matthew Fleming

Age Range: Adult

Days/Times: Wednesdays at 6:30 PM, January 13–February 10 via livestream or in person.

Description: It’s a big book. And it's hard to make sense of it. In a two-part series, Pastor Matthew will walk through the Bible in a nutshell. We’ll find themes and promises that resonate today as much as they did when they were written, thousands of years ago. First, we’ll look at the New Testament, the part of the Bible all about Jesus. Whether you’ve been studying the Bible for years, took a Bible class back in college, haven't opened it since Confirmation, or have never cracked the spine, this class is for you. We’ll dig deep, turn our brains on, and trust that the Spirit will show up to give us faith as we read together. As always, Pastor Matthew will bring curiosity, (occasionally irreverent) humor, and faith to the table.

After a year like 2020, why not turn a new page and open up the book that has changed the course of human history more than any other book. Seriously. What do you have to lose?

<table>
<thead>
<tr>
<th>New Testament</th>
<th>Also known as</th>
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<tbody>
<tr>
<td>Jan 13 .... Gospels (n.) goh-spuhl ..........</td>
<td>Those books about Jesus</td>
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<td>Jan 27 ..... Epistles of St. Paul .............</td>
<td>Letters from the Church from one of Jesus’ earliest (and fiercest) followers</td>
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<tr>
<td>Feb 3 ...... Other Epistles ........................</td>
<td>Letters from some of Paul’s friends and other early Jesus-followers</td>
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<tr>
<td>Feb 10 ..... Revelation ..........................</td>
<td>That weird book at the end of the Bible</td>
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Contact: pastor Matthew Fleming at pastormatthew@standrewlu.org

The Bible (In a Nutshell) Registration
Our Ministries

Escape Groups

Join a St. Andrew Escape Group this fall to get away (at least for a moment) from the stresses of life with faithful friends doing fun things together.

St. Andrew Small Groups

St. Andrew has a variety of small groups that gather on a regular basis and are a great way to escape the isolation of the pandemic. With winter approaching, it is all the more reason to find creative ways to come together in community.

How do the group operate? Most groups are gathering over zoom during the pandemic. Some read books together and have debriefing conversations about what has been read. Some watch faith-based videos for discussion. There are groups for women and for men as well as mixed groups. Some just gather for conversation.

If you are interested in learning more about the small groups of St. Andrew, contact Pastor Peter Johnson (pastorpeter@standrewlu.org, direct dial 952.697.7113) for a personal conversation about where you might fit in the best.

Yoga 101 with Carole McMonigal

Date/Time: Thursday, January 14 at 7:00PM
Description: Let’s all take a deep breath together. Enjoy a contemplative and relaxing yoga session over Zoom with experienced instructor Carole McMonigal. Carole will blend her yoga expertise our Christian faith for relaxing and centering evening. This yoga session requires no previous experience. If you don’t have a yoga mat, a comfortable carpet will suffice. Be sure to wear comfortable clothing. The Zoom link to participate will be sent after registration.
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org
Yoga 101 Registration

Patio Crawl

Age Range: Adult
Days/Times: TBD
Description: The Patio Crawl (via zoom) is an easy way to connect over a favorite beverage with others for easy conversation with like-minded folks. Invite a friend. Contact Pastor Peter to get involved and for a zoom link.
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org

Bread Baking 101 for Families and Kids: Cardamom Breakfast Buns

Age Range: parents and kids
Days/Times: Saturday, February 6, 9:00 AM
Description: Looking for a new activity with your kids? Why not have some fun in the kitchen learning to cardamom breakfast buns together! With several parents and kids joining Pastor Peter Johnson and Pat Day’s previous baking sessions, this session is designed especially for parents and kids. NOTE: any age is welcome (young or young at heart!)

Join Pat Day, multiple ribbon winner at the Minnesota State Fair and experienced bread baking teacher and Pastor Peter Johnson for a Saturday morning bread baking class over zoom.
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org
Bread Baking Registration

Dinner Fatigue? Reviving your meals in 2021

Description: “What’s for supper tonight?” If you ask yourself that question and all too often come up short for answers, join us for “Dinner Fatigue? Reviving your meals in 2021.” A virtual sharing of ideas and inspiration, based on “bowl recipes,” this program is led by registered dietitians, adding a touch of confidence and ease to your mealtime planning.

Sign up for one or both unique sessions: Saturdays, January 23 and January 30 from 10:00–11:00 AM:
• January 23rd Session: Take part in preparation steps to make your own “bowl recipe.” Discuss various ideas for grains, vegetables, seeds, nuts, proteins and sauces. We will seek beauty as well as nourishment in these bowls as we discuss strategies for individualization. With a basic template, you will be ready to work off a standardized recipe or create your family’s signature bowl.
• January 30 Session: Let’s bring it all together. If you’ve made bowls for years, just started with our January 23rd session, or are still wondering what it’s all about, join us for a highly interactive session on main dish bowls. Share your strategies, questions and pictures of your creations! By sharing the different possibilities, your input will inspire others!
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org
Dinner Fatigue Registration

Wine and Fellowship 101: NAPA with Pastor Matthew Fleming and Dave Allen

Age Range: Adult
Days/Times: Monday, January 25, 7:00 PM via zoom
Description: Enjoy a glass of wine from time to time? Curious about the significance of Napa Valley’s contributions to wine and the wine industry? Join Pastor Matthew Fleming, born and raised in northern California and self-proclaimed ‘foodie’ and ‘wino’ about the ins-and-outs of Napa wine. Our session will be joined by our own Dave Allen, retired wine trainer and presenter at former Wine and Fellowship 101 sessions.
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org
Wine and Fellowship Registration
Breaktime: Discussing Notable Christian Podcasts

**Age Range:** Adult

**Description:** Looking for a break? Who are some of the Christian podcasteres producing thoughtful pieces about life and faith today? What might we learn from one another as we discuss these podcasts together? Join Tammy Sperr, Cheryl Harjes and Pastor Peter Johnson as we listen to and discuss Kate Bowler. She is the author of *Everything Happens for a Reason and Other Lies I’ve Loved*. Her popular podcast is named *Everything Happens*. Here is our schedule:

**Days/Times:**
- January 11, 1:30 PM
  - Bishop Michael Curry: *The Power of Ordinary Love*—[Link](#)
- January 18, 1:30 PM
  - Abigail March: *Extraordinary Empathy*—[Link](#)
- January 25, 1:30 PM
  - Christie Watson: *Bless the Nurses*—[Link](#)
- Feb 1, 1:30 PM
  - Will Willimon: *Your Work is Calling*—[Link](#)
- Feb 8, 1:30 PM
  - Samatha Irby: *I’m doing My Best (Life Now)*—[Link](#)
- Feb 15, 1:30 PM
  - Season Five Finale: *Ask Kate Bowler Anything*—[Link](#)

**Contact:** Cheryl Harjes at tcharjes@comcast.net or Tammy Sperr at tsperr@comcast.net

**Breaktime: Discussing Notable Christian Podcasts Registration**

### Women of the Word: Wednesday AM

**Age Range:** Adult Women

**Days/Times:** Wednesday mornings at 9:30 AM starting January 6

**Description:** Trustworthy—Overcoming our Greatest Struggles to Trust God by Lysa TerKeurst. When hard times come and it seems God is deviating from the plan we assume our life should follow, we’re more likely to want to tame God, not trust Him. It’s then that we begin to press into our ways and our own timing. No human can carry the weight of being their own god, but so many of us try. In this 6-session study of 1 & 2 Kings, join Lysa TerKeurst in Israel as she honestly reveals the places of distrust in her own heart while exploring the deeply applicable scriptures that will teach us how to truly trust God.

**Cost:** $20 per person

**Contact:** Laura Considine at ldconsid3@aol.com

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Our Ministries

**Escape Groups Cont’d**

### Wine and the Word

**Age Range:** Adult

**Days/Times:** Specific to the group

**Description:** Faith was never meant to be an individual thing. The way that faith takes root is through our relationships, by being a part of a community that holds Christ at the center, sharing joys and burdens together. This winter, enjoy the videos prepared for recent Church Anew conferences to foster small group conversation about important issues of faith and life today. No advanced preparation is required. Join a new Wine and the Word group today!

**Contact:** Pastor Peter Johnson at pastorpeter@standrewlu.org

### Prime Timers (62+ Group)

**Age Range:** 62+ Adults

**Description:** Join Pastor Roger Schindel and other 62+ adults for socially distanced outings or online zoom fellowship opportunities. This popular program recent brought presentation about technology use during the pandemic and the light rail construction plans in the SW suburbs.

**Days/Times:**
- Tuesday, January 12, 2021, 10:00 AM—Julie Wright from Lutheran Social Services will talk about the diversity of outreach in all 87 counties in MN; 1 out of every 65 people in MN. have some kind of contact/support with LSS. MN. has the highest number of refugees per capita nationwide which is 13%; Donald Trump dropped 59% of the 110,000 refugees that we set to come to the U.S.; 8% of Minnesotans are foreign born. LSS provides 9,500 meals to those in need every day. Join us to hear more about this dynamic ministry of our greater church that touches people in our state in so many ways. Learn about the work LSS does in settling refugees, helping the homeless & people who need short-term care.
- Tuesday, February 16, 2021, 10:00 AM—Damascus Way–Halfway House for Prisoners. Tierre Webster, Director of this halfway house for men who are transitioning from prison to civilian life. Research tells us that three-fourths of 600,000 people leaving prison & trying to reenter society returns to prison within 5 years of release. The problem is that they have no housing, no employment, and no healthy, supportive community around them. This is where Damascus Way in Golden Valley strives to assist 18 men at a time to return to a ‘normal’ life.
- March 2021, TBD: Medical professional to speak on the Coronavirus Vaccine

**Contact:** Pastor Roger Schindel at rogschindel@comcast.net

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Breaktime: Discussing Notable Christian Podcasts

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**Contact:** Cheryl Harjes at tcharjes@comcast.net or Tammy Sperr at tsperr@comcast.net

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**Cost:** $20 per person

**Contact:** Laura Considine at ldconsid3@aol.com

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standrewlu.org
Escape Groups Cont’d

**Early Risers Small Group**

**Time/Date:** Wednesday mornings at 8:00 AM  
**Description:** Get your day off right by spending a little time in faithful conversation with friends. Join us on Wednesday mornings from 8:00-9:00 on Zoom. Our studies usually focus on one of the books of the Bible, but we also enjoy studying books by Christian authors and theologians who challenge and inspire us. If you have questions, or would like to join us, contact Pastor Gail for the zoom link and the materials for the topic of study.

**Contact:** Pastor Gail Bach at pastorgail@standrewlu.org

**Pastor’s Book Study on Way of Love**

**Age Range:** Adult  
**Days/Times:** Thursdays at 9:00 AM  
**Description:** The Pastor’s Book Study begins Episcopal Bishop Michael Curry’s book Love is the Way: Holding on to Hope in Troubling Times the first week of January 2021. Written about the book: “The way of love is essential for addressing the seemingly insurmountable challenges facing the world today: poverty, racism, selfishness, deep ideological divisions, and competing claims to speak for God. This book will lead readers to discover the gifts they need in order to live the way of love: deep reservoirs of hope and resilience, simple wisdom, the discipline of non-violence, and unshakable regard for human dignity.” Discussion will be held on six consecutive Thursday mornings beginning 1/7 at 9:00 AM. A copy of the book is available at church for $20.

**Contact:** Pastor Peter Johnson at pastorpeter@standrewlu.org

**Pastor’s Book Study Registration**

A More Just World

A More Just World is a program at St. Andrew Lutheran Church providing a platform for listening, learning, and growing into a new understanding of race relations and other perplexing challenges of our day.

**Intercultural Development Inventory (IDI) Congregational Debrief**

**Age Range:** Adult  
**Days/Times:** January 6, 2021 at 6:30PM via livestream or in person  
**Description:** St. Andrew’s congregational debrief about the Intercultural Development Inventory (IDI) continues on Wednesday, January 6th at 6:30PM. Join Pastor Gail Bach, Pastor Peter Johnson, and Pastor Deanna Kim Bassett online or in-person to cover three topics:

- Support for individual IDI plans
- Small groups for continued learning and growth
- St. Andrew’s plans through May 2021

In the fall of 2020, St. Andrew engaged with the Center for Leadership and Community Engagement (CLNE) to implement the Intercultural Development Inventory (IDI), a dynamic tool to assess individuals and our whole church’s ability to relate to, understand, and embrace different cultures and peoples in our society.

This IDI process is a part of St. Andrew’s A More Just World program begun after the killing of George Floyd in Minneapolis. It is St. Andrew’s intentional effort to address the social injustices in a new way through learning, listening, sharing, encouraging and acting.

**Contact:** Pastor Peter Johnson at pastorpeter@standrewlu.org or Pastor Gail Bach at pastorgail@standrewlu.org

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**Contact:** Pastor Peter Johnson at pastorpeter@standrewlu.org

**Pastor’s Book Study Registration**
Our Ministries

Music

Our music staff has been hard at work reimagining our choral programs so that we can maintain vital connections, celebrate music and learning, and provide meaningful opportunities for our participants even in this time when our vocal choirs are not able to safely meet for singing. Music is a gift from God and we give thanks for the many ways we can still come together during this time of pandemic.

Spirit Singers
Age Range: 5th–9th Grade
Days/Times: Wednesdays in October at 5:30 PM on Zoom
Description: This year, the Spirit Singers will have a weekly opportunity to connect virtually with their St. Andrew choir friends, participate in the creation of virtual choir videos for our worship services, and receive periodic online individual instruction to help hone your student’s vocal skills and musicality.
Contact: Kirsten Hanninen at kirsten.hanninen@live.com

Canticle Choir
Age Range: Adults
Days/Times: Dates and times TBD
Description: During this year when our choir is not able to gather in person, the focus will be on maintaining vital connections and relationships through online gatherings and on learning and growing together in the Spirit through meaningful devotions.
Contact: Larry Bach at lbach@standrewlu.org

Children, Youth, & Family Ministry

Sunday School (Virtual)
Age Range: K-6th Grade
Days/Times: Sunday mornings at 11:30 AM
Description: We are excited to offer a live virtual experience of Sunday School with caring leaders who look forward to creating an engaging experience for each child. Virtual Sunday School will be a great place to connect, learn about Jesus, and have fun together!
Contact: Gabe Flynn at gfynn@standrewlu.org
Virtual Sunday School Registration

FUSE
Age Range: 5th-6th Grade
Days/Times: Wednesdays at 6:00 PM
Description: The fun activities and engaging discussions synonymous with FUSE now comes to you in the comfort of home. Join our fearless FUSE leaders, Blake Wragge and Paul McKay, each week for an opportunity to build relationships, play wild and wacky games, and experience great discussions about faith.
Contact: Gabe Flynn at gfynn@standrewlu.org
FUSE Registration

Spirit in the Pines Camp—Videos
Age Range: Youth & Families
Description: Even though the pandemic closed camp this year, everyone can enjoy a little taste of camp virtually as we all prepare for IN PERSON CAMP IN 2021! The camp staff prepared some fun videos geared for kids and families on the Spirit in the Pines Camp YouTube channel. Go to the link below to enjoy them.
Contact: Burke Hancer at bhancer@standrewlu.org
Watch the Camp Home Videos Here

7th–8th Grade Youth Events
Age Range: 7th & 8th Grade
Days/Times: TBD
Description: We welcome both members and non-members to attend our Confirmation Age Ministry youth events. Join us for in person and virtual social gatherings and service opportunities as COVID protocols allow. An updated list of events and registrations will be available on our webpage.
Contact: Burke Hancer at bhancer@standrewlu.org

7th & 8th Grade Confirmation
Age Range: 7th & 8th Grade
Description: Our program is designed with the hope that your child will learn more about Christ, deepen their faith, strengthen friendships, and find their place in the church. Meet weekly with a small group to connect foundational bible stories and core Christian beliefs to your everyday faith experiences. All are welcome!
Contact: Burke Hancer at bhancer@standrewlu.org
Register on our webpage.

Due to the COVID protocols at this time, all confirmation options are virtual via Zoom. Hybrid options will resume once state and local restrictions have lifted and it is deemed safe to meet.

HYBRID Options at St. Andrew:
• Wednesday Afternoons, 4:00–4:45 PM
• Wednesday Evenings, 6:30–7:15 PM
• Sunday Mornings, 10:30–11:15 AM

VIRTUAL Option on ZOOM:
• Wednesday Evenings, 6:30–7:15 PM
Our Ministries

Children, Youth, & Family Ministry Cont’d

WNYG (9–12 Graders)
Age Range: 9th–12th Grade
Days/Times: Wednesday 7:00–8:00 PM
Description: Connect with other high school students from around the southwest metro at Wednesday Night Youth Group (WNYG) and monthly special events! On Wednesday nights, students will connect with God while connecting with one another through inspiring Bible studies, rewarding service projects, and ridiculously fun fellowship night. If you do not feel ready for in person, you are welcome to join us on our virtual WNYG on ZOOM! We will be enjoying the same fellowship, games and message as our in person friends. Come for special events too like paintball, movie nights and more! Invite your friends-All are welcome! Follow @StAndrewHs on Instagram for the latest updates.
Contact: TJ Helgen at thelgren@standrewlu.org

High School Bible Study
Age Range: 9th–12th Grade
Days/Times: 1st and 3rd Sunday of the Month from 6:00–7:00 PM
Description: Connect with your friends and grow closer to each other in small group Bible Study. You will connect with your group on deep and meaningful topics as you grow closer to God and each other.
Contact: TJ Helgen at thelgren@standrewlu.org

Support Groups

SW Grief Coalition
Age Range: Adults
Days/Times: Mondays from 6:30–7:45 PM, starting January 11
Description: You are not alone. Losing someone we love is one of life’s most challenging passages. The churches of the Southwest Grief Coalition including St. Andrew work closely together to provide faithful support and education for those who would like to come and learn about the process of grief in a caring, supportive, and confidential setting. This session will be hosted conveniently on Zoom for six consecutive Monday evenings from 6:30-7:45pm. Please see www.swgriefcoalition.org for more information and the registration link. Signup deadline: January 4, 2021
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org

Service & Outreach

Seeds of Support Missions
Description: Seeds of Support Missions began in 2010 to provide relief efforts after a significant earthquake struck Haiti. In 2012 we established a formal partnership with Redemption Lutheran Church in Jacmel, Haiti. The partnership has been fruitful on both sides and continues to this day. Without the ability to travel, Seeds of Support Missions continues to remotely strengthen the work of the congregation’s ministry and leadership. Seeds of Support Missions believes through listening and mutual cooperation we accompany our sister congregations and partners to develop a transformational, sustainable mission experience that contributes to the flourishing of God’s children and encourages the spiritual development of all involved. For more information visit the Seeds of Support Mission webpage.
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org

People Reaching Other People (PROP) of Eden Prairie
Description: St. Andrew Lutheran Church partners with People Reaching Other People (PROP) as a local mission partner for the SW suburbs. In addition to many St. Andrew community members volunteering at PROP, St. Andrew conducts quarterly food drives, school backpack collections, winter coats and mittens, and other support for PROP throughout the year.
PROP’s mission is to compassionately provide food and comprehensive support to our neighbors in need that creates a path towards self-sufficiency in Eden Prairie and Chanhassen who are facing financial hardship or crisis. Primary services include a food shelf, short-term financial help, support for low-income families with children and teens, and support for seniors and individuals with disabilities.
Contact: Pastor Peter Johnson at pastorpeter@standrewlu.org